


















# Time schedule

## Swedish Swim Games - Grand Prix 1

Place: Vilundabadet  
Pool: 25m

Organizer: Väsby SS  
Competition Date: Sep 24, 2021 to Sep 26, 2021

### Session 4 - Warmup 7:30-9:15 - Start 9:30

Start	Duration	Event	Nr of heats
 09:30	0 min	A-Flight Heats	
 09:30		22 100m Freestyle Women Heat A-Flight	3
 09:35		23 200m Freestyle Men Heat A-Flight	3
 09:44		24 50m Breaststroke Women Heat A-Flight	3
 09:48		25 100m Breaststroke Men Heat A-Flight	3
 09:54		26 100m Backstroke Women Heat A-Flight	3
 10:00		27 50m Backstroke Men Heat A-Flight	3
 10:04		28 200m Butterfly Women Heat A-Flight	3
 10:15		29 200m Individual Medley Men Heat A-Flight	3
 10:24		30 400m Freestyle Women Heat A-Flight	3
 10:40		31 50m Freestyle Men Heat A-Flight	3
 10:44		32 200m Breaststroke Women Heat A-Flight	3
 10:55		33 100m Butterfly Men Heat A-Flight	3
 11:00		34 100m Individual Medley Women Heat A-Flight	3
 11:06		35 200m Backstroke Men Heat A-Flight	3
 11:16		36 50m Butterfly Women Heat A-Flight	3
 11:20		37 800m Frisim Herrar Final	2
 11:41	30 min	B-Flight Heats (20 minutes warmup)	
 12:11		22 100m Freestyle Women Heat B-Flight	6
 12:21		23 200m Freestyle Men Heat B-Flight	4
 12:33		24 50m Breaststroke Women Heat B-Flight	2
 12:36		25 100m Breaststroke Men Heat B-Flight	2
 12:40		26 100m Backstroke Women Heat B-Flight	3
 12:47		27 50m Backstroke Men Heat B-Flight	2
 12:50		28 200m Butterfly Women Heat B-Flight	
 12:52		29 200m Individual Medley Men Heat B-Flight	1
 12:56		30 400m Freestyle Women Heat B-Flight	1
 13:03		31 50m Freestyle Men Heat B-Flight	5
 13:09		32 200m Breaststroke Women Heat B-Flight	2
 13:17		33 100m Butterfly Men Heat B-Flight	4
 13:24		34 100m Individual Medley Women Heat B-Flight	4
 13:31		35 200m Backstroke Men Heat B-Flight	1
 13:36		36 50m Butterfly Women Heat B-Flight	7

Session finished: 1:42 PM