



# PM SWEDISH

## SWIM GAMES

### Grand Prix 1

24-26 September 2021



# SWEDISH SWIM GAMES

24 - 26 September  
2021



## Welcome to the Swedish Swim Games 2021!

COMPETITION VENUE	Vilundabadet 25 m pool, 8 lanes.
DATES	Friday-Sunday September 24-26, 2021.
COMPETITION TIMES	<p><b>Friday</b> Prelims Warm-up 15.30-16.45 Start 17.00 – 19-00 <b>Saturday</b> Prelims Warm-up 07.30-09.15 Start 09.30 – 11.40 A flight 30min warmup B flight Starts 12.10 – 14.00 B flight</p> <p><b>Saturday</b> Final Warm-up 15.30-16.45 Start 17.00 – 19.30 <b>Sunday</b> Prelims Warm-up 07.30-09.15 Start 09.30 – 11.40 A flight 30min warmup B flight Starts 12.10 – 14.00 B flight</p> <p><b>Sunday</b> Final Warm-up 15.00-16.15 Start 16.30 – 18.45</p> <p>Times may change as they are preliminary.</p> <p>During the competition there will be three (3) pools for warm down. Two (2) educational pools and one (1) in recreational pool. All will be open during Saturday and Sunday. During the competition on Friday it will only be possible with warm down in the recreational pool.</p>
ACCREDITATION	Every coach and swimmer needs an accreditation card for the competition. The accreditation cards can be picked up at the competition desk from 15.30 Friday September 24 <sup>th</sup> .
PSYCH SHEET	Is published on livetiming.se and will be updated every day until the competition starts.
LIVETIMING	The competition can be watched live on Superlive.

Väsby Simsällskap  
Upplands Väsby  
mm@vss.se

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## SCRATCHES

Early scratches until Thursday September 23rd can be sent to [mm@vss.se](mailto:mm@vss.se). Every club will receive log in- information to a coaches app where scratches can be made. Scratches are to be turned in 1 hour before the start of each session. Scratches to a final event must be turned in no later than 30 minutes after the conclusion of the event.

The timekeeping staff can be reached via email [a.watanabe@telia.com](mailto:a.watanabe@telia.com) or sms +46702618942.

A penalty fee (300 SEK) for DNS during the competition, which will be invoiced to the club.

## AWARDS

Prize money, 10 000 SEK , will be awarded to the best female and male swimmer. The second best female and male swimmer will be awarded with 6 000 SEK. The third best female and male swimmer will be awarded with 3 000 SEK. The FINA Points Table will be used as the basis for deciding the ranking of swimmers at their top three events.

Prize money in the individual events are 700 SEK for gold, 500 SEK for silver, 300 SEK for bronze. The top three relay teams in 4x100 medley mixed will be awarded with 1 400 SEK for gold, 1 000 SEK for silver, 600 SEK for bronze. There will be also be other prizes to the medalists.

*Starting this year, a swimmer can break a competition record for the Swedish Swim Games! The swimmer will be awarded with 1 000 SEK and other prizes. You find the records on the last page.*

## CAFETERIA

Located in the gymnastic hall.

## FOOD

Lunch and dinner will be served at Scandic Hotel for those who have ordered. The meals are served during the same times all days during the competition.

**Lunch:** 11 – 14

**Dinner:** 18 – 21

Väsby Simsällskap has a cooperation with the Texas Longhorn Restaurant in Väsby. Mention *Väsby Simsällskap* and you will receive a 15% discount.

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- TEAM MEETING** There will be a team meeting with one representative from each club by the recreational pool, Friday at 16.15.
- CORONA** During the competition there will be **no public**. Hand sanitizers will be found all around the competition area.
- To get to the pool, use the entrée called Vilundaparken beside the swimming pool. Pass through the gymnastic hall and then walk into the competition area.
- It will be no walking restrictions for swimmers or leaders in the competition area but keep two (2) meters distance between each other.
- In the gymnastic hall there will be designated places for each club. Use the map on the next page to find your place. There will also be conference rooms for relaxation and rest in the Scandic Hotel.
- PARKING** In front of the swimming pool building there is ongoing construction taking place resulting in limited parking space. Optional parking can be found by Väsby Centrum and next to the ice hockey arena, both are a two minutes walk from the pool.
- QUESTIONS** For further questions mail [mm@vss.se](mailto:mm@vss.se)

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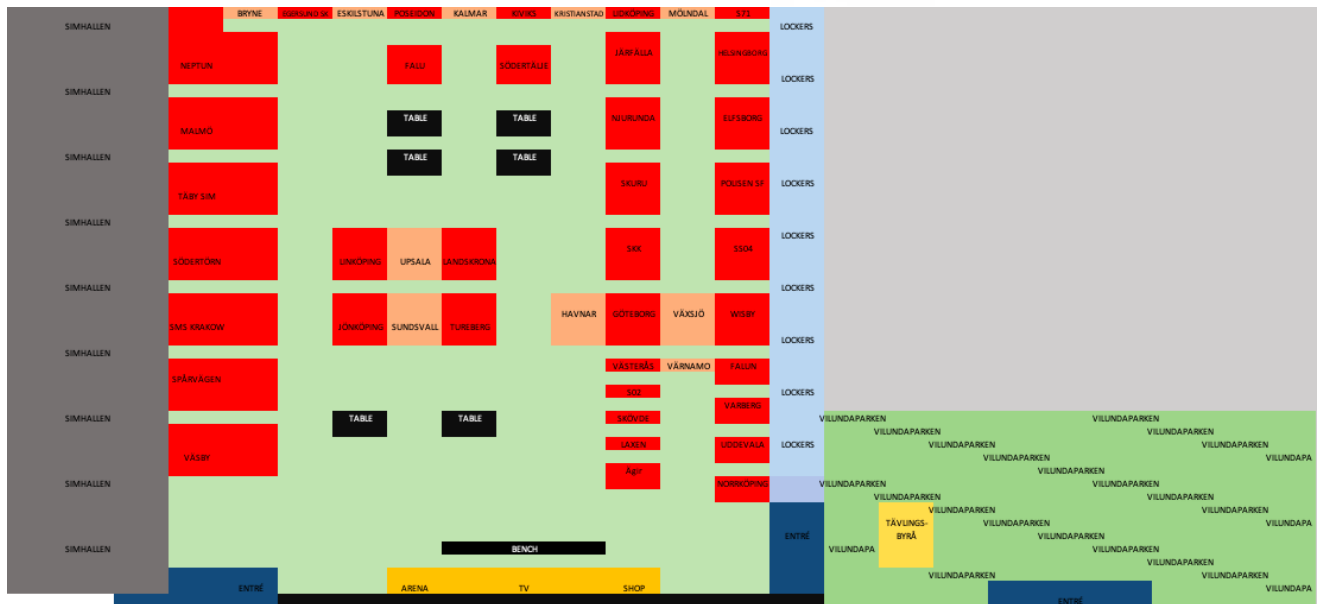


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Varmt välkomna till Svenska Simspelen 2021!



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## Eventorder prelims

### Friday Prelims Start 17.00

Event 1	400 medley*	Women
Event 2	400 medley*	Men
Event 3	1500 freestyle*	Women
Event 4	1500 freestyle*	Men
Event 5	4x100 medley	Mixed

### Saturday Prelims A-flight Start 09.30

Event 6	100 freestyle	Men
Event 7	200 freestyle	Women
Event 8	50 breaststroke	Men
Event 9	100 breaststroke	Women
Event 10	100 backstroke	Men
Event 11	50 backstroke	Women
Event 12	200 butterfly	Men
Event 13	200 medley	Women
Event 14	400 freestyle	Men
Event 15	50 freestyle	Women
Event 16	200 breaststroke	Men
Event 17	100 butterfly	Women
Event 18	100 medley	Men
Event 19	200 backstroke	Women
Event 20	50 butterfly	Men
Event 21	800 freestyle*	Women

### Sunday Prelims A-flight Start 09.30

Event 22	100 freestyle	Women
Event 23	200 freestyle	Men
Event 24	50 breaststroke	Women
Event 25	100 breaststroke	Men
Event 26	100 backstroke	Women
Event 27	50 backstroke	Men
Event 28	200 butterfly	Women
Event 29	200 medley	Men
Event 30	400 freestyle	Women
Event 31	50 freestyle	Men
Event 32	200 breaststroke	Women
Event 33	100 butterfly	Men
Event 34	100 medley	Women
Event 35	200 backstroke	Men
Event 36	50 butterfly	Women
Event 37	800 freestyle*	Men

The B-flight starts 30 minutes after A-flight has finished both Saturday and Sunday.

\*Event 1, 2, 3, 4, 21 och 37 are swum as direct finals.

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## Eventorder finals

### Saturday

	Finals
Event 4	1500 freestyle
Event 21	800 freestyle
Event 6	100 freestyle
Event 7	200 freestyle
Event 8	50 breaststroke
Event 9	100 breaststroke

### Prize ceremony

Event 2	400 medley
Event 10	100 backstroke
Event 11	50 backstroke

### Prize ceremony

Event 12	200 butterfly
Event 13	200 medley
Event 14	400 freestyle
Event 15	50 freestyle

### Prize ceremony

Event 16	200 breaststroke
Event 17	100 butterfly
Event 18	100 medley
Event 19	200 backstroke
Event 20	50 butterfly
Event 5	4x100 medley

### Prize ceremony

### Start 17.00 Sunday

Men
Women
Men
Women
Men
Women

Men
Men
Women

Men
Women
Men
Women

Men
Women
Men
Women
Men
Mixed

### Finals

Event 3	1500 freestyle
Event 37	800 freestyle
Event 22	100 freestyle
Event 23	200 freestyle
Event 24	50 breaststroke
Event 25	100 breaststroke
Event 1	400 medley

### Prize ceremony

Event 26	100 backstroke	Women
Event 27	50 backstroke	Men
Event 28	200 butterfly	Women
Event 29	200 medley	Men
Event 30	400 frisim	Women
Event 31	50 freestyle	Men

### Prize ceremony

Event 32	200 breaststroke	Women
Event 33	100 butterfly	Men
Event 34	100 medley	Women
Event 35	200 backstroke	Men
Event 36	50 butterfly	Women

### Prize ceremony

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## Records Swedish Swim Games

Men	Events	Women
<b>25m</b>		<b>25m</b>
21:46 Eamon Sullivan 2009	<b>50 Freestyle</b>	24:26 Sarah Sjöström 2011
46:95 Matthew Abood 2009	<b>100 Freestyle</b>	53:06 Sarah Sjöström 2011
1:44:99 Gard Kvale 2009	<b>200 Freestyle</b>	1:55:22 Petra Granlund 2010
3:47:37 Christoffer Wallin 2009	<b>400 Freestyle</b>	4:09:73 Julie Aglund Lauridsen 2014
	<b>800 Freestyle</b>	8:44:15 Maria Vilas 2010
15:06:19 Miguel Rozas 2010	<b>1500 Freestyle</b>	
26:91 Philip Greve 2018	<b>50 Breaststroke</b>	30:35 Emelie Fast 2020
58:87 Erik Persson 2018	<b>100 Breaststroke</b>	1:05:82 Nanaka Tumura 2009
2:05:64 Erik Persson 2018	<b>200 Breaststroke</b>	2:19:96 Rikke Möller Pedersen 2013
24:24 Magnus Jákupsson 2015	<b>50 Backstroke</b>	26:32 Aya Terakawa 2009
51:99 Markus Lie 2018	<b>100 Backstroke</b>	56:46 Shiho Sakai 2009
1:54:31 Mattias Carlsson 2009	<b>200 Backstroke</b>	2:03:88 Aya Terakawa 2009
23:64 Radovan Siljevski 2014	<b>50 Butterfly</b>	25:92 Yuka Kato 2009
51:09 Geoff Huegill 2009	<b>100 Butterfly</b>	57:15 Sarah Sjöström 2011
1:53:05 Takeshi Matsuda 2009	<b>200 Butterfly</b>	2:05:50 Petra Granlund 2010
54:25 Simon Sjödin 2020	<b>100 Medley</b>	1:00:41 Josefin Lillhage 2009
1:56:39 Simon Sjödin 2016	<b>200 Medley</b>	2:10:24 Sara Thydén 2011
4:09:79 Simon Sjödin 2018	<b>400 Medley</b>	4:36:22 Sara Thydén 2011

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