



SWEDISH

SWIM GAMES

Grand Prix 1

24-26 September 2021



Pahlén
Premium pool equipment

SERNEKE



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Riksidrottsförbundet SVENSKA SPEL

Malmsten



Marabou



RENAULT
Passion for life

Scandic

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24 - 26 September
2021



Welcome to the Swedish Swim Games 2021!

COMPETITION VENUE	Vilundabadet 25 m pool, 8 lanes.
DATES	Friday-Sunday September 24-26, 2021.
COMPETITION TIMES	Friday Prelims Warm-up 15.30-16.45 Start 17.00 Saturday Prelims Warm-up 07.30-09.15 Start 09.30 Saturday Final Warm-up 15.30-16.45 Start 17.00 Sunday Prelims Warm-up 07.30-09.15 Start 09.30 Sunday Final Warm-up 15.00-16.15 Start 16.30 Prelims on Saturday and Sunday will be swum as A-flight and B-flight.
ENTRY	<p>The entries and the rooming list shall be sent in no later than September 10th to mm@vss.se. Contact the same e-mail to receive the files you may need to enter your swimmers.</p> <p>If necessary, we will make limitations on the psych sheet.</p> <p>Depending on the current situation around covid-19, the structure and plan of the Swedish Swim Games 2021 may change. More information will be released closer to the competition, but feel free to contact us if you have any questions.</p>
ENTRY FEE	For individual events 10 €. For relay starts SEK 15 €. The entry fees will be invoiced after the meet. Late entries will be charged double the original fee.
ACCREDITATION	Every coach and swimmer needs an accreditation card for the competition. Each card costs 10 €. The swimmers names will be taken from the entry list. Coaches need to send us their name and phone number to mm@vss.se , with the 10th of September as a deadline.
PSYCH SHEET	The psych sheet will be published on https://livetiming.se/index.php?cid=5893 no later than September 16th. The psych sheet will then be updated regularly until the competition starts. The competition will also be broadcast online.

Väsby Simsällskap
Upplands Väsby
mm@vss.se

Website:
<https://www.vss.se/start>



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- SCRATCHES** Early scratches until Thursday September 23rd can be sent to mm@vss.se. Every club will also receive log in information to a coaches app where scratches can be made. Scratches are to be turned in 1 hour before the start of each session. Scratches to a final event must be turned in no later than 30 minutes after the conclusion of the event. 30 € in penalty fee for DNS during the competition, which will be invoiced to the club.
- AWARDS** Prize money, 1000 €, is awarded to the best female and male swimmers. The second best female and male swimmers will be awarded with 600 €. The third best female and male swimmers will be awarded with 300 €. The FINA Points Table will be used as the basis for deciding the ranking of swimmers at their top three events. Prize money in the individual events are 70 € for gold, 50 € for silver, 30 € for bronze. The top three relay teams on 4x100 medley mixed will be awarded with 140 € for gold, 100 € for silver, 60 € for bronze. And other prizes to the medalists.
- Starting this year, a swimmer can break a competition record for the Swedish Swim Games! The swimmer will be awarded with 100 € and other prizes. You find the records on the last page.*
- CAFETERIA** Located in the gymnastic hall.
- PRIZE CEREMONY** We will plan the prize ceremonies according to the restrictions that may be in place at the time, due to covid-19. More information closer to the competition.
- HOTEL** Scandic Upplands Väsby, a 5-minute walk from the pool.
Single room 150 €/night, full board.
Double room: 200 €/night, full board.
Triple room: 240 €/night, full board.
Quadruple room: 285 €/night, full board.
Full board includes meals from dinner Friday to lunch Sunday.
You can also book separate meals at Scandic Upplands Väsby for 135 SEK/meal. Send your booking to mm@vss.se.
- INFORMATION** Marcelo Machado mm@vss.se

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Eventorder prelims

Friday Prelims Start 17.00

Event 1	400 medley*	Women
Event 2	400 medley*	Men
Event 3	1500 freestyle*	Women
Event 4	1500 freestyle*	Men
Event 5	4x100 medley	Mixed

Saturday Prelims A-flight Start 09.30

Event 6	100 freestyle	Men
Event 7	200 freestyle	Women
Event 8	50 breaststroke	Men
Event 9	100 breaststroke	Women
Event 10	100 backstroke	Men
Event 11	50 backstroke	Women
Event 12	200 butterfly	Men
Event 13	200 medley	Women
Event 14	400 freestyle	Men
Event 15	50 freestyle	Women
Event 16	200 breaststroke	Men
Event 17	100 butterfly	Women
Event 18	100 medley	Men
Event 19	200 backstroke	Women
Event 20	50 butterfly	Men
Event 21	800 freestyle*	Women

Sunday Prelims A-flight Start 09.30

Event 22	100 freestyle	Women
Event 23	200 freestyle	Men
Event 24	50 breaststroke	Women
Event 25	100 breaststroke	Men
Event 26	100 backstroke	Women
Event 27	50 backstroke	Men
Event 28	200 butterfly	Women
Event 29	200 medley	Men
Event 30	400 freestyle	Women
Event 31	50 freestyle	Men
Event 32	200 breaststroke	Women
Event 33	100 butterfly	Men
Event 34	100 medley	Women
Event 35	200 backstroke	Men
Event 36	50 butterfly	Women
Event 37	800 freestyle*	Men

The B-flight starts five minutes after A-flight has finished both Saturday and Sunday.

*Event 1, 2, 3, 4, 21 och 37 are swum as direct finals.

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Eventorder finals

Saturday	Finals	Start 17.00	Sunday	Finals	Start 17.00
Event 4	1500 freestyle	Men	Event 3	1500 freestyle	Women
Event 21	800 freestyle	Women	Event 37	800 freestyle	Men
Event 6	100 freestyle	Men	Event 22	100 freestyle	Women
Event 7	200 freestyle	Women	Event 23	200 freestyle	Men
Event 8	50 breaststroke	Men	Event 24	50 breaststroke	Women
Event 9	100 breaststroke	Women	Event 25	100 breaststroke	Men
			Event 1	400 medley	Women
Prize ceremony			Prize ceremony		
Event 2	400 medley	Men	Event 26	100 backstroke	Women
Event 10	100 backstroke	Men	Event 27	50 backstroke	Men
Event 11	50 backstroke	Women	Event 28	200 butterfly	Women
Prize ceremony			Event 29	200 medley	Men
Event 12	200 butterfly	Men	Event 30	400 frisim	Women
Event 13	200 medley	Women	Event 31	50 freestyle	Men
Event 14	400 freestyle	Men	Prize ceremony		
Event 15	50 freestyle	Women	Event 32	200 breaststroke	Women
Prize ceremony			Event 33	100 butterfly	Men
Event 16	200 breaststroke	Men	Event 34	100 medley	Women
Event 17	100 butterfly	Women	Event 35	200 backstroke	Men
Event 18	100 medley	Men	Event 36	50 butterfly	Women
Event 19	200 backstroke	Women	Prize ceremony		
Event 20	50 butterfly	Men			
Event 5	4x100 medley	Mixed			
Prize ceremony					

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Records Swedish Swim Games

Men	Events	Women
25m		25m
21:46 Eamon Sullivan 2009	50 Freestyle	24:26 Sarah Sjöström 2011
46:95 Matthew Abood 2009	100 Freestyle	53:06 Sarah Sjöström 2011
1:44:99 Gard Kvale 2009	200 Freestyle	1:55:22 Petra Granlund 2010
3:47:37 Christoffer Wallin 2009	400 Freestyle	4:09:73 Julie Aglund Lauridsen 2014
	800 Freestyle	8:44:15 Maria Vilas 2010
15:06:19 Miguel Rozas 2010	1500 Freestyle	
26:91 Philip Greve 2018	50 Breaststroke	30:35 Emelie Fast 2020
58:87 Erik Persson 2018	100 Breaststroke	1:05:82 Nanaka Tumura 2009
2:05:64 Erik Persson 2018	200 Breaststroke	2:19:96 Rikke Möller Pedersen 2013
24:24 Magnus Jákupsson 2015	50 Backstroke	26:32 Aya Terakawa 2009
51:99 Markus Lie 2018	100 Backstroke	56:46 Shiho Sakai 2009
1:54:31 Mattias Carlsson 2009	200 Backstroke	2:03:88 Aya Terakawa 2009
23:64 Radovan Siljevski 2014	50 Butterfly	25:92 Yuka Kato 2009
51:09 Geoff Huegill 2009	100 Butterfly	57:15 Sarah Sjöström 2011
1:53:05 Takeshi Matsuda 2009	200 Butterfly	2:05:50 Petra Granlund 2010
54:25 Simon Sjödin 2020	100 Medley	1:00:41 Josefin Lillhage 2009
1:56:39 Simon Sjödin 2016	200 Medley	2:10:24 Sara Thydén 2011
4:09:79 Simon Sjödin 2018	400 Medley	4:36:22 Sara Thydén 2011

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