

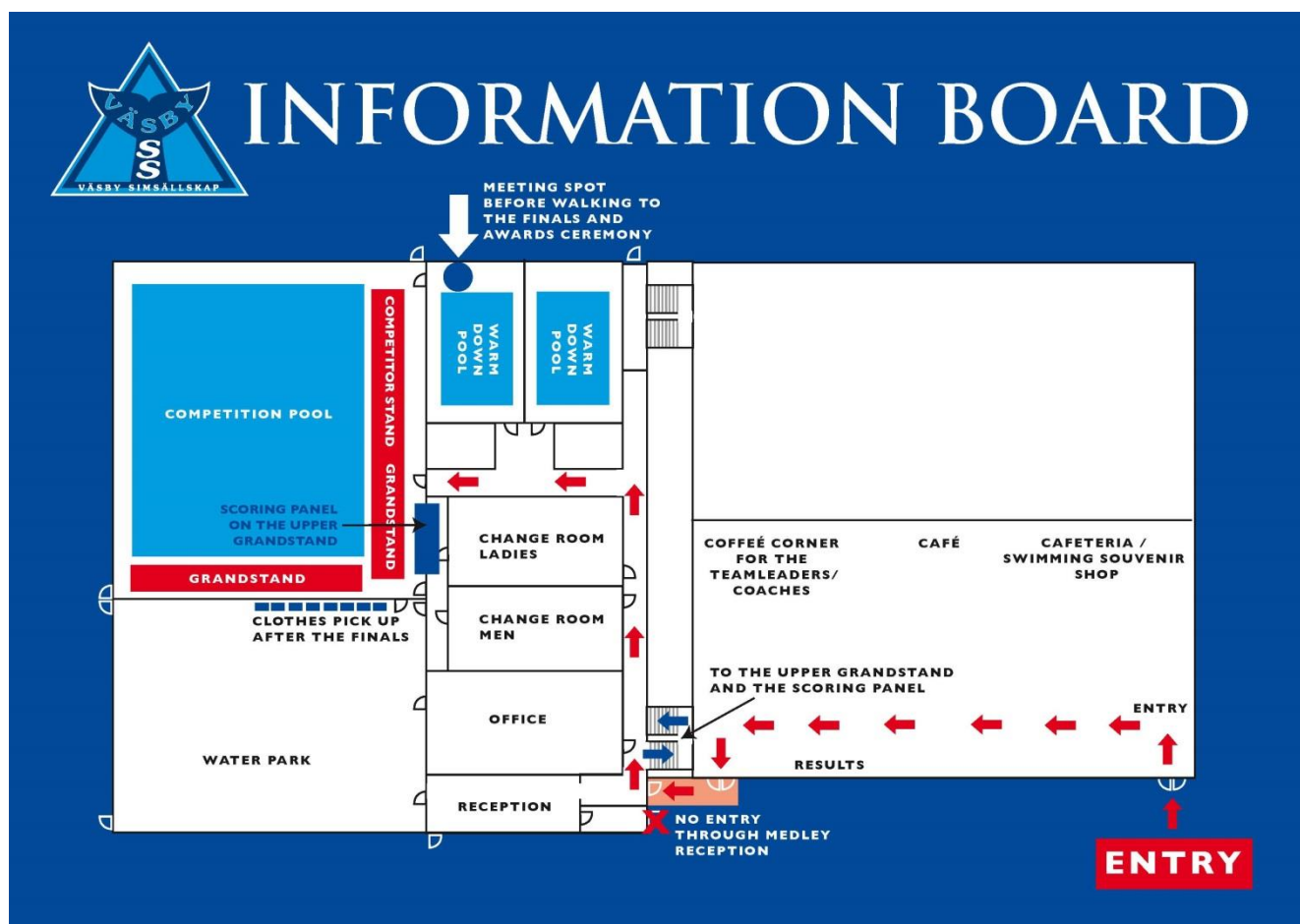


Meet-information

Väsby SS has the honor to welcome you to the 2015 Swedish Swim Games, held in Vilundabadet October 10-11.

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|----------------------------|---|
| COMPETITION VENUE | Vilundabadet 25 m pool, 8 lanes. |
| DATES | Saturday October 10 and Sunday October 11, 2015. |
| COMPETITION TIMES | Friday Training 10.00-20.00 Saturday prelims: Warmup 08:30-09.45 Start 10:00 Saturday finals: Warmup 15:30-16.45 Start 17:00 Sunday prelims: Warmup 08:30-09.45 Start 10:00 Sunday finals: Warmup 15:30-16.45 Start 17:00 |
| LOCKER ROOMS | Follow the signs – Bring padlocks. |
| PSYCH SHEET | The psych sheet will be published on Väsby SS website www.vss.se no later than October 2 2015. |
| TIMING SYSTEM: | Omega Ares. |
| LIVETIMING: | See VSS homepage for more information about livetiming: http://vss.se/index.php/tavlingar/swedish-swim-games/#Information Superlive will be broadcast. |
| WARM DOWN | In the two small warm down pools. |
| SCRATCHES | Scratches are to be turned in 1 hour before the start of each session. Scratches to a final must be turned in no later than 30 minutes after the conclusion of the event. |
| AWARDS | Prize money, EUR 1000, is awarded to the best female and male swimmers. The FINA Points Table will be used as the basis for deciding the ranking of swimmers. Gifts will be distributed to all medalists. Prizes for the 3 first swimmers for each event. |
| HEAT SHEETS | Every team can pick up heat sheets. Heat sheets will also be posted around the pool. |
| CAFETERIA | Located in the gymnasium. |
| HOSPITALITY | A coaches hospitality corner will be located in the gymnasium. |
| PRIZE CEREMONY | Prize Ceremony will be in blocks of 4 events i.e after event 1-4, 5-8, 9-12, 13-17, 18-21, 22-25, 26-29, 30-34, see order of events on the next page. |
| TEAM LEADER MEETING | Saturday October 10 at 08.45 in the gymnasium. |

- CALL ROOM** A call room will be used prior to each final. Each swimmer in the final must report to the call room 5 minutes preceding the event. The call room will be located at the warm down pools. The baskets with clothes will be placed behind the glass wall behind the starting blocks.
- FOOD** Food for swimmers and coaches that stays at Scandic Hotel will be served in the hotel restaurant at the following times: Lunch between 11:30-14:30 and Dinner between 18:00-20:30 on both Saturday and Sunday.
- LOST & FOUND** Lost and found items will be located in the gymnasium at the help desk.
- INFORMATION** Daniel Wramfors, cellphone: +46 707 585255, E-mail: dw@vss.se



Saturday October 10 Prelims 10.00

| | | |
|----------|------------------|-------|
| Event 1 | 800 m freestyle | Women |
| Event 2 | 100 m freestyle | Men |
| Event 3 | 200 m freestyle | Women |
| Event 4 | 50 m breast | Men |
| Event 5 | 100 m breast | Women |
| Event 6 | 400 m IM | Men |
| Event 7 | 100 m butterfly | Women |
| Event 8 | 100 m backstroke | Men |
| Event 9 | 50 m backstroke | Women |
| Event 10 | 200 m butterfly | Men |
| Event 11 | 200 m IM | Women |
| Event 12 | 400 m freestyle | Men |
| Event 13 | 50 m freestyle | Women |
| Event 14 | 200 m breast | Men |
| Event 15 | 100 m IM | Men |
| Event 16 | 200 m backstroke | Women |
| Event 17 | 50 m butterfly | Men |

Saturday October 10 Finals 17.00

| | | |
|---------|-----------------|-------|
| Event 1 | 800 m freestyle | Women |
| Event 2 | 100 m freestyle | Men |
| Event 3 | 200 m freestyle | Women |
| Event 4 | 50 m breast | Men |
| Event 5 | 100 m breast | Women |



Prize Ceremony event 1-4

| | | |
|---------|------------------|-------|
| Event 6 | 400 m IM | Men |
| Event 7 | 100 m butterfly | Women |
| Event 8 | 100 m backstroke | Men |
| Event 9 | 50 m backstroke | Women |



Prize Ceremony event 5-8

| | | |
|----------|-----------------|-------|
| Event 10 | 200 m butterfly | Men |
| Event 11 | 200 m IM | Women |
| Event 12 | 400 m freestyle | Men |
| Event 13 | 50 m freestyle | Women |



Prize Ceremony event 9-12

| | | |
|----------|------------------|-------|
| Event 14 | 200 m breast | Men |
| Event 15 | 100 m IM | Men |
| Event 16 | 200 m backstroke | Women |
| Event 17 | 50 m butterfly | Men |



Prize Ceremony event 13-17

Sunday October 11 Prelims 10.00

| | | |
|----------|------------------|-------|
| Event 18 | 1500 m freestyle | Men |
| Event 19 | 100 m freestyle | Women |
| Event 20 | 200 m freestyle | Men |
| Event 21 | 50 m breast | Women |
| Event 22 | 100 m breast | Men |
| Event 23 | 400 m IM | Women |
| Event 24 | 100 m butterfly | Men |
| Event 25 | 100 m backstroke | Women |
| Event 26 | 50 m backstroke | Men |
| Event 27 | 200 m butterfly | Women |
| Event 28 | 200 m IM | Men |
| Event 29 | 400 m freestyle | Women |
| Event 30 | 50 m freestyle | Men |
| Event 31 | 200 m breast | Women |
| Event 32 | 100 m IM | Women |
| Event 33 | 200 m backstroke | Men |
| Event 34 | 50 m butterfly | Women |

Sunday October 11 Finals 17.00

| | | |
|----------|------------------|-------|
| Event 18 | 1500 m freestyle | Men |
| Event 19 | 100 m freestyle | Women |
| Event 20 | 200 m freestyle | Men |
| Event 21 | 50 m breast | Women |
| Event 22 | 100 m breast | Men |



Prize Ceremony event 18-21

| | | |
|----------|------------------|-------|
| Event 23 | 400 m IM | Women |
| Event 24 | 100 m butterfly | Men |
| Event 25 | 100 m backstroke | Women |
| Event 26 | 50 m backstroke | Men |



Prize Ceremony event 22-25

| | | |
|----------|-----------------|-------|
| Event 27 | 200 m butterfly | Women |
| Event 28 | 200 m IM | Men |
| Event 29 | 400 m freestyle | Women |
| Event 30 | 50 m freestyle | Men |



Prize Ceremony event 26-29

| | | |
|----------|------------------|-------|
| Event 31 | 200 m breast | Women |
| Event 32 | 100 m IM | Women |
| Event 33 | 200 m backstroke | Men |
| Event 34 | 50 m butterfly | Women |



Prize Ceremony event 30-34

Event 1, 6, 18 and 23 will be seeded and swum as timed finals.