



Oulun Lohet arranges with the permission
of Finnish Swimming Federation
the open national swimming competition

Lohiunnit 2018

May 26.-27. 2018

Venue Oulu Swimming Hall (Pikkukankaantie 3, 90130 Oulu, Finland)

8 lanes/50 m, Colorado electronic timing, video backup

Session 1. on Saturday 26.5. at 14.00, warm-up at 12.45

Session 2. on Sunday 27.5. at 10.00, warm-up 08.45

Saturday 26.5. at 14h00 (warm-up at 12h45)

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|-------------------|----------------------------|
| 1. 400 free F | 12, 15, open |
| 2. 400 free M | 13, 16, open |
| 3. 100 fly F | 13, 15, open |
| 4. 100 fly M | 14, 16, open |
| 5. 50 back F | 9, 11, 13, open, disabled |
| 6. 50 back F | Masters |
| 7. 50 back M | 10, 12, 14, open, disabled |
| 8. 50 back M | Masters |
| 9. 200 breast F | 13, 15, open |
| 10. 200 breast M | 14, 16, open |
| 11. 50 fly F | 11, 13, 15, open |
| 12. 50 fly F | Masters |
| 13. 50 fly M | 12, 14, 16, open |
| 14. 50 fly M | Masters |
| 15. 200 back F | 13, 15, open |
| 16. 200 back M | 14, 16, open |
| 17. 100 free F | 11, 13, 15, open, disabled |
| 18. 100 free F | Masters |
| 19. 100 free M | 12, 14, 16, open, disabled |
| 20. 100 free M | Masters |
| 21. 400 IM F | 15, open |
| 22. 400 IM M | 16, open |
| 23. 2x3x50 medl F | 11, 13, 15, open |
| 24. 2x3x50 medl M | 12, 14, 16, open |

Sunday 27.5. at 10h00, warm-up 08h45

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|------------------|----------------------------|
| 25. 800 free M | 14, 16, open |
| 26. 800 free F | 13, 15, open |
| 27. 50 breast M | 10, 12, 14, open, disabl. |
| 28. 50 breast M | Masters |
| 29. 50 breast F | 9, 11, 13, open, disabl. |
| 30. 50 breast F | Masters |
| 31. 100 back M | 12, 14, 16, open, disabled |
| 32. 100 back F | 11, 13, 15, open, disabled |
| 33. 200 fly M | 16, open |
| 34. 200 fly F | 15, open |
| 35. 200 IM M | 14, 16, open |
| 36. 200 IM F | 13, 15, open |
| 37. 50 free M | 10, 12, 14, open, disabl. |
| 38. 50 free M | Masters |
| 39. 50 free F | 9, 11, 13, open, disabl. |
| 40. 50 free F | Masters |
| 41. 100 breast M | 12, 14, 16, open |
| 42. 100 breast M | Masters |
| 43. 100 breast F | 11, 13, 15, open |
| 44. 100 breast F | Masters |
| 45. 200 free M | 16, open, disabled |
| 46. 200 free F | 15, open, disabled |
| 47. 4x50 free M | 12, 14, 16 |
| 48. 4x50 free F | 11, 13, 15 |
| 49. 4x100 free M | open |
| 50. 4x100 free F | open |

Events 23 and 24 are relays for three swimmer teams, where swimmers first swim the three first legs of medley relay (back, breast and butterfly). The swimmers exit the pool from the sides and each swim a second leg of freestyle in the same order.

Disabled: Disabled swimmers are placed in same heats with others based on the previous best times.

There are no age groups for disabled swimmers.

Seeding to heats is based on the reported best times of the swimmers. For times swum in 25 m pool, the times are adjusted with time corrections used by the Finnish Swimming Federation.

Masters: Swimmers born in 1993 and before have the option to swim in the Masters-heats or in the open heats. Masters records cannot be swum in the open category.

Registrations: Not later than on Thursday 17.5.2018 with a LENEX-file to halumme@gmail.com .

Event file available upon request (see web link below)

Start fee: 8€ each individual or relay start. Paid in advance to bank account: FI18 4600 2020 180982

Late registration: Possible for empty lanes. Triple fee is applied (24 €).

Meals: served in the cafeteria of the Swimming Hall, registrations (tel.) +358-8- 378 502

Prizes: Best three in each event and age group are awarded with medals.

Live results: <https://www.livetiming.fi/program.php?cid=3725>

Additional information: Oulun Lohet web page www.oulunlohet.fi

as well as from coach Harri Lumme +358-44-2707268, halumme@gmail.com

WELCOME TO OULU!