



29 – 30 October 2016

OBS! One week earlier this year!

SWIMMING

LOCATION	Eriksdalsbadet, 8 lanes, (50m pool) Hammarbyslussväg 20, Stockholm, Sweden
TIMETAKING	Ares-Omega, Win Grodan
ORGANISERS	Nacka HI Spårvägen Simförening
COMPETITION LEADER	Harry Gröhn Arne Jägerblom
TIMES	Session 1 Saturday 29/10 09:00-13:00 Warm up 07:45 Session 2 Saturday 29/10 16:00-20:00 Warm up 14:45 Session 3 Sunday 30/10 10:00-13:00 Warm up 08:45
REGISTRATION	Please complete the entry form and send to anmalanparagames@gmail.com by 15 th of September 2015
FEE	100 SEK for each individual entry, 120 SEK per team The fee will be invoiced to the club or country before the competition.
LATE ENTRIES	Late entries can be done from the 16th of September to 5th of October at 200 SEK per individual entry and 240 SEK per team
INFORMATION	Anita Erkus phone +46736572436 stockholmparagames@gmail.com
CANCELLATIONS	anmalanparagames@gmail.com and at the competition venue Saturday 29/10 before 08.00 and Sunday 30/10 before 09.00.
IPC SANCTIONING	The competitions are sanctioned

CLASSES	S1 – S14 according to IPCs rules. Swimmers born in 1995 and later can participate in youth classes. These are Class K1 = S9-10, S11-S13 and S14. Class K2 = S6-S8. Class K3 = S1 – S5. Also available is Class K4 for swimmers with a neuropsychiatric disability. Licence is required in order to obtain IPC records.										
SEEDNING	All classes will be seeded together. The results will be available per event and K-classes.										
RULES	The competition will be held in accordance with IPCs and FINAs rules										
HEAT LISTS	Each club/country can obtain two heat lists at the competition venue.										
RESULTS	All results will be available to view at the competition venue.										
PUBLICATION	On www.nackahi.se , www.sparvagensim.se www.parasport.se/Distrikt/Stockholm/STOCKHOLMPARAGAMES1/ The competition can also be followed on http://www.livetimeing.se										
ACCOMODATION	Nearby hotel and hostel: <table> <tr> <td>Clarion Hotel</td> <td>STF Zinkensdamm Hostell</td> </tr> <tr> <td>Ringvägen 98, Stockholm</td> <td>Zinkens väg 20, Stockholm</td> </tr> <tr> <td>+468 462 10 00</td> <td>+468 6168110, +4686168100</td> </tr> <tr> <td>www.clarionstockholm.com</td> <td></td> </tr> <tr> <td>www.zinkensdamm.com/vandrarhem</td> <td></td> </tr> </table> Bookings to be done by the club/country	Clarion Hotel	STF Zinkensdamm Hostell	Ringvägen 98, Stockholm	Zinkens väg 20, Stockholm	+468 462 10 00	+468 6168110, +4686168100	www.clarionstockholm.com		www.zinkensdamm.com/vandrarhem	
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Eriksdalsbadet is Sweden's national arena for swimming.

www.stockholm.se/eriksdalsbadet

Welcome to Stockholm!

LIST OF EVENTS

Session 1. Saturday morning

Warm up 07:45 Competition start 09:00

1. M 200 m free S1-S5, S14
2. W 200 m free S1-S5, S14
3. M 400 m free S6-S13
4. W 400 m free S6-S13
5. M 50 m back S1-14, K1-4
6. W 50 m back S1-14
7. M 100 m fly S1-14
8. W 100 m fly S1-14

Session 2. Saturday afternoon

Warm up 14:45 Competition start 16:00

9. M 100 m free S1-14, K1-4
10. W 100 m free S1-14, K1-4
11. M 50 m breast SB1-14, K1-4
12. W 50 m breast SB1-14, K1-4
13. M 100 m back S1-14
14. W 100 m back S1-14
15. M 50 m fly S1-14, K1-4
16. W 50 m fly S1-14, K1-4
17. M 4x50 m free relay Open
18. W 4x50 m free relay Open

Session 3. Sunday morning

Warm up 08:45 Competition start 10:00

19. M 50 m free S1-14, K1-4
20. W 50 m free S1-14, K1-4
21. M 200 m medley SM5-14
22. W 200 m medley SM5-14
23. M 150 m IM SM1-4
24. W 150 m IM SM 1-4
25. M 100 m breast SB1-14
26. W 100 m breast SB1-14
27. M 4x50 m medley relay Open
28. W 4x50 m medley relay Open