

Competition informationPM 1

Stockholm paragames in swimming

NEW DISTANCES	Event no 3 and 4 is also open to S14 Event no 29 and 30, 200 breaststroke men resp. women Event no 31 4'50 medley relay mixed Schedule of events will be presented during the coachmeeting when we know how many races it is in respectively pass.
ENTRY LIST	Will be presented at www.livetiming.se , Stockholm Paragames, Erikdalsbadet, Stockholm Changes emailed to anmalanparagames@gmail.com
COMPETITION FORM	1000 point system for S classes
WARM UP	1 hour before competition start Training session is available in the 50m pool on Friday 31/10 between 15.00-18.00
SWIM DOWN	Three lanes will be available in the 25m pool for swim down
MEDALS	Medals will be given to the 3 best swimmers in each event in the S classes and K classes.
COACH MEETING	Will be held Saturday at 7:50 in the large conference room at Erikdalsbadet. Follow the signs
ENVOICE	Will be sent out before the competition
MEDICAL STAFF	Will be available at the information desk at the competition A nurse will be available during the competition.
ENTRANCE	For competitors and public, follow the signs next to the parking. Doors open at 07.30 on the Saturday morning and at 08.30 on the Sunday morning. There is no entrance fee.
CALLROOM	The swimmers will go to the callroom at the opposite side of the stand before the event and will walk together to the starting blocks.
CLOTHES	The swimmers clothes will be placed in baskets next to each lane and will be carried to a defined collection place.
MESSAGE BEDS	There will be space available for massage beds.

- EMERGENCY EXIT** It is strictly banned to exit the swimming pool through the emergency exit.
- CHANGING ROOMS** Changing rooms are available with lockers. Please bring padlocks.
- The venue holds no responsibility for any damage or theft of personal belongings. If there are any problems, please contact the information desk at the competition venue.
- CAFE** A cafe is available at the competition venue.
- FUN POOL** Participants are not allowed to enter the fun pool without an appropriate wristband. A wristband can be purchased at the entrance.
- PARKING** Please park at the back of the venue next to the Badminton Hall. The parking is monitored by two different operators, please pay at the correct machine.
- MAP** Map with Eriksdal marked and a walkway from Clarion Hotel at the entrance to the competition pool. The walkway is signposted.

